



Blandin Foundation™  
STRENGTHENING RURAL MINNESOTA

**FOR IMMEDIATE RELEASE**

Allison Ahcan

Direct: 218-327-8717

Cell: 218-259-2893

[arahcan@blandinfoundation.org](mailto:arahcan@blandinfoundation.org)

## **Central Minnesotans Optimistic About the Future, the Economy in Latest Blandin Foundation Survey**

**GRAND RAPIDS, Minn. (April 3, 2019)** – Central Minnesotans feel the region has made significant improvements in the past three years in areas such as economic development and maintaining and growing job opportunities that pay a living wage, according to the Rural Pulse 2019 survey of more than 1,560 Minnesotans just released by the Blandin Foundation.

More than four in 10 Central region respondents feel the economy has improved in the past year and nearly seven in 10 believe the region maintains and grows job opportunities.

Across the state, various opinions and perceptions shape how Minnesotans experience their communities. Jobs that pay a living wage, access to affordable healthcare and childcare, and concerns about opioids and drug abuse are shared across Minnesota's communities – complex issues very much alive today at local, state and national levels. The strength and relative priority of these concerns depends, though, upon geography, income, gender, age, etc.

Rural Pulse, which has tracked such perspectives since 1998, specifically looks at what local issues residents say are most important, and how their communities and the state are performing in addressing them. For example, in recent years, the study identified persistent economic frustration among Minnesota's rural residents that had been underestimated and underreported as metro areas experienced booming post-recession growth.

According to the 2019 survey undertaken in January and February this year, a third of both urban (31%) and rural (38%) residents at large continue to say metropolitan needs are more important to elected officials than those of rural communities. Notably, rural women (41%) and rural community leaders who are graduates of Blandin's leadership training programs (64%), believe this to be true.

### **Economic Recovery**

Amongst the wealth of data generated by Rural Pulse, themes continue to arise related to the economy. While one in three Minnesotans statewide report that the economy has improved over the past year, many may not be personally feeling it yet. Only 28 percent of rural and 33 percent of urban Minnesotans report their household income increased over the past year.

In rating community and state performance, 36 percent of rural Minnesotans disagree that there is an adequate number of living-wage jobs in their community, compared to 30 percent of urban residents. Twenty-seven percent don't believe their community maintains and grows job opportunities adequately, compared to only 18 percent of urban residents. Sixty-three percent of rural Minnesotans and 75 percent of urban residents feel their communities are doing a sufficient job with economic development.

Therefore, it is not surprising that nearly one in four rural residents identify job opportunities or economic development as the *most critical issues* in their communities.

"Blandin Foundation invests in the Rural Pulse about every three years to provide a snapshot of how Minnesota is doing on issues that go straight to community health," says Dr. Kathleen Annette, president and CEO. "Communities and peoples across the state have much in common, and we also need to know where there are differences, what's below the surface, who might feel left behind and where there is optimism – especially as it relates to the economy. We look forward to the conversations and insights this check-up generates."

### **Optimism Remains**

Despite economic concerns, rural Minnesotans remain positive, especially in Central Minnesota. More than 80 percent of respondents in the central region, for instance, report feeling optimistic for the future, believe residents in their community work across differences to address local issues and feel they can make a positive impact on their local community. These categories showed dramatic positive increase since 2016.

### **Diversity, Equity and Inclusion**

New to Rural Pulse this year are questions related to gaps in diversity and inclusion. For example, 46 percent of rural residents say they have at least some close friends of a different race or culture than themselves, compared to 70 percent of urban residents. Responses to another new question about those they have seen experience bias, discrimination or harassment in their community yield common answers among urban and rural – most often mentioned are people with drug abuse and mental health issues, transgender persons and recent immigrants. Urban residents also include African Americans among their top responses.

Minnesotans – both urban and rural and across all demographics – give themselves high marks when standing up to hate or discrimination if they see it occur; some 80 percent agree that people in their community can. Preliminary results of a Blandin Foundation-sponsored cultural and racial study, to be released May 1, suggest that non-Caucasians are less likely to agree that people are able to speak up about hatred and discrimination at the local level.

### **Rural Migration**

More Minnesotans living in urban areas have considered moving to rural Minnesota, 2019 findings indicate, while rural Minnesotans are staying put. Only 14 percent of rural Minnesotans have considered moving to a larger metropolitan area in the past two years, down six percentage points from 2016. Citing quality of life as the main motivating factor, 27 percent of those in urban areas say they have considered moving to a less-populated, rural area in the past two years, up from 21 percent in 2016.

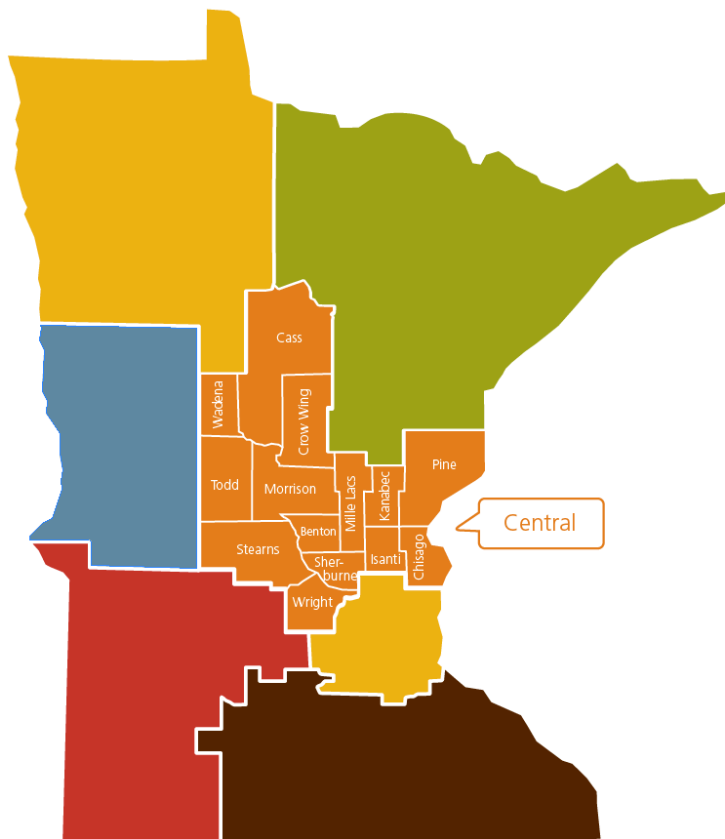
## The Emerging Change Agents

Unrelated to geography, two groups whose opinions grew in strength are women and younger residents. Rural women are less likely to feel the economy has improved and are far more concerned that there are inadequate job opportunities and childcare. Feeling stronger about the importance of many aspects of local life, residents ages 18 to 34 who have not yet served are much more likely to be interested in leadership opportunities.

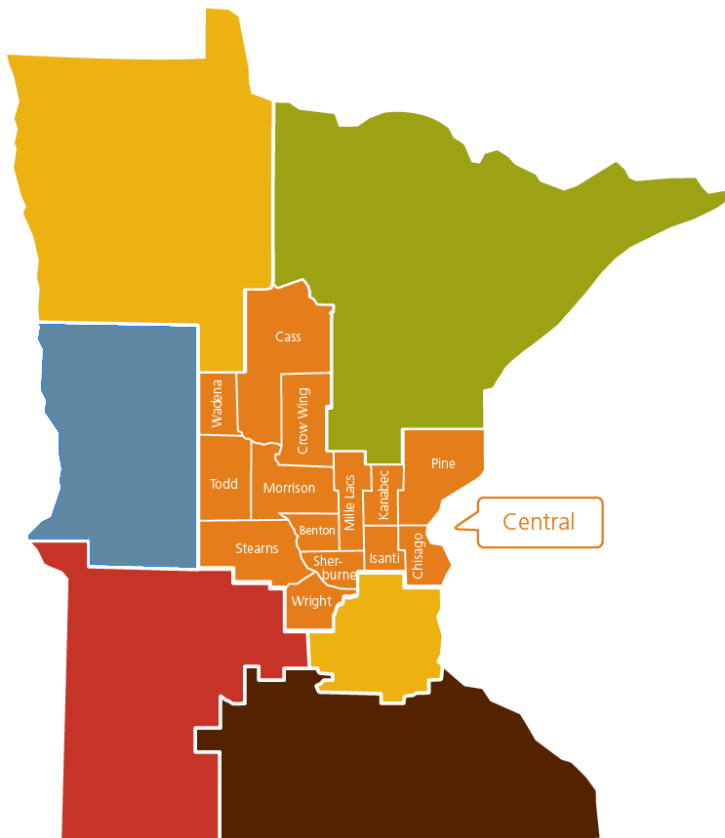
## About This Study

Strategic research firm, Russell Herder, surveyed and analyzed a total of 1,068 rural Minnesotans for the 2019 Rural Pulse. Findings were compared to a parallel survey of urban residents. For purposes of this study, urban is defined as the Twin Cities seven-county metropolitan area, plus Duluth, Mankato, Moorhead, Rochester and St. Cloud.

The Central region is defined as the following counties: Benton, Cass, Chisago, Crow Wing, Isanti, Kanabec, Mille Lacs, Morrison, Pine, Sherburne, Stearns, Todd, Wadena and Wright.



Based in Grand Rapids, the Blandin Foundation is the largest rural-based private foundation in Minnesota and one of only a few in the U.S. focused exclusively upon rural communities. To learn more about this research study, visit [www.RuralPulse.org](http://www.RuralPulse.org).



Based in Grand Rapids, the Blandin Foundation is the largest rural-based private foundation in Minnesota and one of only a few in the U.S. focused exclusively upon rural communities. To learn more about this research study, visit [www.RuralPulse.org](http://www.RuralPulse.org).

